







AHA May 2025 Newsletter

Latest News

RESOURCES, EVENTS AND MORE!

College Scholarship Opportunity with Excelsior!

Earn your Associate or Bachelor's degree at little or no cost! You will have the opportunity to study nursing, business, liberal arts, health sciences, technology and more! This program will also be 100% online. Scan the barcode or click this link to learn more!

Summer Camp!

Check Brightside Up's website to gain access to there 2025 Summer Camp Catalog. It has details about all the summer camps in the Albany area. Visit www.brightsideup.org

In Need of Food Assistance?

Visit <u>www.foodpantries.org</u> to find the nearest food pantry and learn about upcoming local food distributions. If you need support using the website or finding the right information, don't hesitate to call the **AHA Resource Center** (518) 380-5600 – we are here to assist!

Reminder of Pet Policy!

Dogs must be on leashes, regardless of size - at all times. You are required to clean up after your dog. All animals must be approved and registered with the Albany Housing Authority Mgmt Office. Contact your Property Manager with questions. Any household in violation of this policy is subject to lease termination.





We have a BIG announcement!

We are opening a new Resource Center!

Where you can access resources, AHA Supportive Services staff, computer/print/fax and more!

Call (518)-380-5600 with any questions!

Located at 116 Ida Yarbrough Apt. Albany, NY 12207 (across from Arbor Hill Elementary School) and available to <u>ALL</u> AHA residents!

Open Mondays Wednesdays and Fridays from 10AM - 4PM

Parking located on Tyler Trice Terrace.





<u>Albany Housing Resource Center and Supportive Services Information</u>

The AHA **Program & Supportive Services Department** is here to assist you! **These services are available to ALL Albany Housing Authority residents.** Please visit, email, or call the Albany Housing Authority Resource Center to access these services. The staff will be happy to talk about your needs and provide direct referrals to partner agencies that support you, or through our Albany Housing Authority programs.

AHA RESOURCE CENTER LOCATIONS

Phone Number: (518) 380-5600 Email: ResourceCenter@Albanyhousing.org

AHA RESOURCE CENTER (SOUTH END)

Location: 200 Green Street Albany, NY 12202

Business Days: Mondays, Tuesdays, Thursdays, and Fridays

Hours: 9:00 am to 4:30 pm

AHA RESOURCE CENTER (NORTH SIDE)

Location: 116 Ida Yarbrough Apt. Albany, NY 12207

(Across from Arbor Hill Elementary School)

Business Days: Mondays, Wednesdays, Fridays

Hours: 10:00 am to 4:00 pm

TOWNSEND PARK HOMES RESOURCE OFFICE

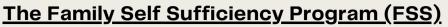
Location: 45 Central Ave Albany, NY 12206

Main Floor (Townsend Park Homes)

Business Days: Mondays, Wednesdays and Fridays







The Family Self-Sufficiency program is a life-changing opportunity that combines education, job training, and personalized support to help you secure stable employment and achieve financial goals. Whether you're aiming for career advancement, homeownership, or debt reduction, FSS is tailored to your unique aspirations.

HOW DO I JOIN FSS?

- 1. First, complete the FSS Interest Form (or visit www.albanyhousing.org/fss)
- **2. Next**, an FSS Coordinator will contact you to with an overview of the program and to discuss eligibility.
- 3. Once your eligibility has been confirmed, you will be put on a waitlist.
- **4. Once** a spot opens up, an FSS coordinator will reach out to you for next steps! If you have any questions, you can contact the Resource Center at (518) 380–5600

Resident Opportunities and Self Sufficiency Program (ROSS)

Residents of Ezra Prentice Homes, Ida Yarbrough Homes 260/270, North Albany Homes, Nutgrove Garden Homes, Robert Whalen Homes, Steamboat Square Homes and Townsend Park Homes – did you know you have access to free supportive services through the ROSS program? Whether you're looking for job training, financial coaching, education resources, or connections to community programs, ROSS is here to help!

HOW DO I JOIN ROSS?

If you are interested in joining ROSS, reach out our Resource Center and we will set you up with a meeting!

Call us at 518-380-5600 or email resourcecenter@albanyhousing.org



Monthly Recap

This month we had a lot of different accomplishments we are excited to share! Here are some highlights from the month of April:

- Monthly Food Distribution: On April 17th, Albany
 Housing Authority seniors received over 300 bags of
 groceries, generously provided by the Regional Food
 Bank.
 - Next Distribution Date: June 4th (Text blasts will inform seniors of specific times based on location)

 Bulletin Boards: We are updating and decorating bulletin boards in buildings such as Townsend Park Homes, Steamboat Squares Homes and Ida Yarbrough Homes. Keep a look out and take advantage of the resources the boards highlight!







We want to hear your voice! Fill out this survey and tell us what kinds of programming you want to see in your building.

Scan the QR code!



Or call the Resource Center at 518-380-5600



Upcoming Events at AHA



Community Engagement Series

Every Friday, the community room in the main Albany Housing building on 200 S. Pearl Street will be hosting a Community Engagement Series! If you are an organization interested in tabling, please scan this QR code and fill out a preapproval form!

First New York FCU

Learn how First New York can help you and your family through credit report education or personalized advice! Schedule a one-on-one appointment at the AHA Resource Center on 200 Green Street by calling 518-380-5600. Or you can contact First New York directly by calling 518-608-8594!

Upcoming Dates

July 24th or October 23rd



National Grid

Need to set up a payment plan for your National Grid bill? Or do you just have any general questions about your bill? Stop by at the AHA Resource Center on 200 Green Street to talk to a National Grid advocate!



Upcoming Dates/Times:

May 21st – 10:00 am – 12:00 pm May 28th (Ida Yarbrough Location) June 4th – 12:30 pm – 2:30 pm



Fidelis Care

Come talk to a Fidelis Care representative if you have questions about your health insurance plan! There are available to meet every Thursday from 9:00 am to 12:00 pm at the AHA Resource Center on 200 Green Street! And now they will be available at our AHA Resource Center (North) location Mondays from 10:00 am to 12:00 pm (Starting May 14th).





Upcoming Events at AHA

<u>Albany Medical College (Health Equity Project)</u>

Representatives from **Albany Medical College** will be at **Townsend Park Homes Resource Office** to assist YOU with your health-related questions. Including but not limited to applying/switching health insurance, finding a primary care doctor, healthcare service education, medical billing, finding health resource, counseling and more!



Upcoming Dates/Times:

May 13th & 20th - 1:30 pm to 4:30 pm





A representative from **Anchor Health**, a homecare services organization, will be at Townsend Park Homes every **Wednesday from 10:00 am to 12:00 pm**. Come ask them any questions you may have!

SNUG Pop-Up Events

Albany 518 SNUG is partnering with Albany Housing to host open community events! These events will consist of food, pantry items, resources, and fun!

Upcoming Dates/Times:

May 17th – 1:00 pm to 3:00 pm (280 North Pearl / Community Room) May 23rd – 2:00 pm to 4:00 pm



(Steamboat 20 - 20 Rensselaer Street / Community Room)





Save the Date Upcoming May Events

Community Health Fair

Many resources will be available that help promote public health awareness!

This event is sponsored by CEK and SNMA!

Date: Saturday, May 17th

Location: 259 S Pearl St Albany, NY (Capital City Rescue Mission)

Contact: (518)-334-2254

Community Appreciation Block Party

Come celebrate Community Action Awareness Month with Albany Community Action Partnership! There will be music, activities and sweet treats!

Contact: (518)-463-3175

Date: Wednesday, May 14th from 2PM to 5PM **Location**: 333 Sheridan Ave, Albany NY

Ice Cream Social!

May is Mental Health Awareness Month! Please consider stopping by having some ice cream. We are recognizing Mental Health Awareness Month. This event is offered by Albany County.

Date: Thursday, May 29th from 11:30am to 1:30pm (FREE entry)

Locations: Sunshine: 260 S. Pearl St, Albany Rain: 175 Green St, Albany

Transportation Job Fair

Those impacted by the justice system are strongly encouraged to come!

This event is sponsored by Trinity Alliance!

Contact: (518)-449-5155

Date: Wednesday, May 14th from 9AM to 12PM

Location: 15 Trinity Place, Albany NY

Albany Going Greek!

Come and enjoy continuous LIVE Greek Music and Greek dancers! This event is hosted by St. Sophia Greek Orthodox Church! **Date**: Friday, May 16th, 6 – 10pm, Saturday, May 17th, 12 Noon –

10pm, Sunday, May 18th, 12 Noon - 6pm

Scan QR code for more information.







