

AHA April 2025 Newsletter

Latest News

RESOURCES, EVENTS AND MORE!

Jubilant Birth Albany

Albany county moms may be eligible to receive \$1,000 a month for one year!

Scan the QR code to apply!

- 18+ only
- Between 20-28 weeks pregnant
- Live in Albany NY



Albany Public Library

Check out Albany Public Library's website for upcoming events near you! Activities are for all ages! https://albany.librarycalendar.com/events/upcoming

In Need of Food Assistance?

Visit <u>www.foodpantires.org</u> to see where the closest food pantry is to you! Also see when and where local food distributions are!

College Scholarship Opportunity!

Earn your Associate or Bachelor's degree at little or no cost! You will have the opportunity to study nursing, business, liberal arts, health sciences, technology and more! This program will also be 100% online. Scan the barcode to learn more!







Albany Housing Resource Center and Supportive Services Information

The AHA Resource Center team is here to assist you! These services are available to all Albany Housing residents. Please visit, email, or call the Albany Housing Authority Resource Center to access these services. The staff will be happy to talk about your needs and provide direct referrals to partner agencies that support you, or through our Albany Housing Authority programs. Programs and supportive services include resource navigation for the following, but are not limited to:

JOB TRAINING • FAMILY SUPPORT SERVICES • COMPUTER
TRAINING • EDUCATION (GED, TECHNICAL SCHOOLS, COLLEGE) •
FINDING CHILD-CARE • FINDING HEALTH CARE AND/OR MEDICAL
HELP • AHA FAMILY SELF-SUFFICIENCY PROGRAM • AND MANY
MORE!

AHA RESOURCE CENTER

(518) 380-5600

200 GREEN ST. ALBANY, NY 12202

HOURS: 9:00 AM TO 4:30 PM

APPOINTMENT DAYS: MONDAY, WEDNESDAYS AND

FRIDAYS

WALK IN DAYS: TUESDAYS AND THURSDAYS

EMAIL: RESOURCECENTER@ALBANYHOUSING.ORG



Programs AHA Offers

The Family Self Sufficiency Program (FSS)

The Family Self-Sufficiency program is a life-changing opportunity that combines education, job training, and personalized support to help you secure stable employment and achieve financial goals. Whether you're aiming for career advancement, homeownership, or debt reduction, FSS is tailored to your unique aspirations.

HOW DO I JOIN FSS?

- 1. First, complete the FSS Interest Form (or visit www.albanyhousing.org/fss)
- **2. Next**, an FSS Coordinator will contact you to with an overview of the program and to discuss eligibility.
- 3. Once your eligibility has been confirmed, you will be put on a waitlist.
- **4. Once** a spot opens up, an FSS coordinator will reach out to you for next steps! If you have any questions, you can contact the Resource Center at (518) 380-5600

Resident Opportunities and Self Sufficiency Program (ROSS)

Residents of Ezra Prentice Homes, Ida Yarbrough Homes 260/270, North Albany Homes, Nutgrove Garden Homes, Robert Whalen Homes, Steamboat Square Homes and Townsend Park Homes – did you know you have access to free supportive services through the ROSS program? Whether you're looking for job training, financial coaching, education resources, or connections to community programs, ROSS is here to help!

HOW DO I JOIN ROSS?

If you are interested in joining ROSS, reach out our Resource Center and we will set you up with a meeting!

Call us at 518-380-5600 or email resourcecenter@albanyhousing.org



Monthly Recap

March was a busy, rewarding, and impactful month for the Albany Housing Resource Center. Here are some highlights of their accomplishments:

- Monthly Food Distribution: On March 20th, Albany
 Housing Authority seniors received over 3,500 pounds of
 groceries, generously provided by the Regional Food
 Bank.
 - <u>Next Distribution Date</u>: APRIL 17th (Text blasts will inform seniors of specific times based on location)



 Bingo games at Townsend: Every Friday, at Townsend Park Homes, we have implemented fun activities with the residents! So far, it's been bingo, but we are looking to do other events as well. We want these events aim to make the environment engaging, fun, while making

memories!



We want to hear your voice! Fill out this survey and tell us what kinds of programming you want to see in your building.

Scan the QR code!



Or call the Resource Center at 518-380-5600

Upcoming Events at AHA

Community Engagement Series

Every Friday, the community room in the main Albany Housing building on 200 S. Pearl Street will be hosting a Community Engagement Series! Come and learn about different resources in your community! If you are an organization interested in tabling, please scan this QR code and fill out a preapproval form!

First New York

Learn how First New York can help you and your family through credit report education or personalized advice! Schedule a one-on-one appointment at the AHA Resource Center on 200 Green Street by calling 518-380-5600. Or you can contact First New York directly by calling 518-608-8594!



<u>Upcoming Dates</u> April 24th or July 24th

National Grid

Need to set up a payment plan for your National Grid bill? Or do you just have any general questions about your bill? Stop by at the AHA Resource Center on 200 Green Street to talk to a National Grid advocate!

<u>Upcoming Dates/Times:</u>

April 23rd - 10:00 am - 12:00 pm

May 7^{th} – 12:30 pm – 2:30 pm

May 21st - 10:00 am - 12:00 pm



Fidelis Care

Come talk to a Fidelis Care representative if you have questions about your health insurance plan! There are available to meet every Thursday from 9:00 am to 12:00 pm at the AHA Resource Center on 200 Green Street!



Save the Date Upcoming April Events

<u>Capital Roots - Community Garden</u>



Want to grow your own fresh vegetables? Garden with us!

Call/email Capital Roots to sign up - (518) 274-8685 or

gardens2@capitalroots.org



Ida Yarbrough Homes Garden Tyler Trice Ter, Albany, NY 12207

Brightside Up Summer Camp Catalog



Request a digital copy of Brightside Up's 2025 Summer Camp Catalog. See what camps are available in your area and how you can get your children registered.

Request online at www.brightsideup.org

2025 Capital Region Homebuyer Fair

Who Should Attend: Individuals that are interested in buying a home! There will be free credit reports, certified housing advisors and seminars on different topics!

<u>Date</u>: Saturday, April 26th from 10:00 am to 1:00 pm <u>Location</u>: Albany Public Library (161 Washington Ave) Call 518-434-1730 or <u>www.ahphome.org</u> for more information!



Looking for a job? Attend the Albany job fair that anticipates +100 recruiters on site! Apply through the QR code.

<u>Date</u>: WED April 16, 2025

Location: 400 Old Loudon Rd, Latham NY 12110



Free Egg Hunt Event!

Have a fun filled afternoon by participating in an egg hunt! Food, music and fun will be provided.

This event is for ages 0-5th grade

Date: Saturday, April 19th 2025

Time: 12:00 pm to 1:30 pm

Location: Washington Park (Parade Grounds)

