

# It's safe to take care of your health at Whitney Young Health.

The health and safety of our families is at the top of everyone's minds... **but preventing COVID-19 is only one part of staying healthy!** 

### Don't put off the care you need!

- Keep babies and children up-to-date on immunizations to decrease the risk of vaccine-preventable diseases and to ensure that they can enroll in school.
- Well-baby visits and physicals for children help to make sure that kids are meeting their age-appropriate milestones and staying strong and healthy.



• Chronic diseases and conditions such as diabetes and high blood pressure require routine care and regular monitoring.

#### Is it safe for me to go to Whitney Young?

#### We understand and share your safety concerns. That's why we have taken numerous steps to keep you and our staff safe, protected and healthy.



- All staff, patients and visitors are screened for COVID-19 symptoms, including having temperatures taken, before entering any of our facilities.
- We have created longer appointment times to allow for additional time in between appointments.
- We are instituting an open access appointment system that will allow patients to book same-day or next-day appointments, which reduces the volume of people in our waiting rooms.
- Our buildings are cleaned and disinfected thoroughly and often.
- No one can enter the building if they are not wearing a mask.
- Our staff practices social distancing and wears protective gear.
- All COVID-19 testing takes place outside and away from our building.
- **Telehealth appointments are also available!** If you are too ill to come to the health center, we can schedule a virtual office visit through your computer or smartphone!

## Safe & Healthy at Whitney Young Health.

Call (518) 465-4771 to schedule an appointment. www.wmyhealth.org