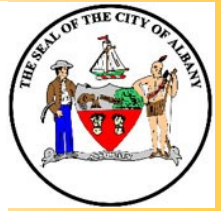


# The Department of Recreation Presents...



# ALYMPICS



## Thursday

**1/2 Mile Walk/Run**

**Tug-o-War**

**ZUMBA**

**50 Yard Dash**

**Relay Races**

**Tennis**

## EVENTS



## Friday

**Flag Football Tournament**

**Kick, Pass, & Punt**

**Basketball Competition**

**Boxing and Karate Expos**

**Obstacle Course -Boot Camp**

**KIDS ZONE!**



**August 27 3-6pm**

**August 28 3-7pm**

**\*This is a FREE event for City of Albany residents of all ages\***



**\*All participants MUST register the day of at Lower Lincoln Park\***



**FREE FOOD AND PRIZES!**

