



YOUTH SERVICE PROGRAMS

Capital Region Gang Prevention Center Ron "Cook" Barrett 434-5699

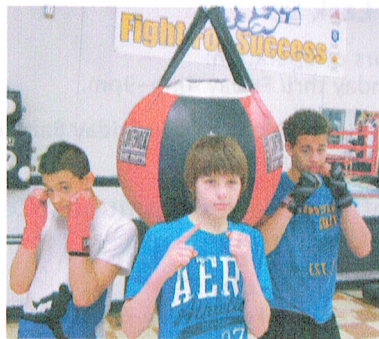
The Capital Region Gang Prevention Center provides individual and group counseling, peer group activities, and placement through intervention programming like Fight for Success.

Offering gang awareness trainings for schools, community groups, youth agencies and law enforcement, Ron "Cook" Barrett uses proactive diversion activities to improve behavior and provide positive alternatives to illegal activity.

Truancy Program Megan Horan 462-7600 ext. 166

In collaboration with the city of Albany School district, the Truancy program is designed to get consistently absent students back in school, and offer family support services and after care for students.

Coordinated morning and evening home visits find and resolve obstacles to attending school, in addition to assessments, counseling, and summer programming.



Summer Youth Employment: More information on this year's program to follow soon....

The City of Albany summer employment program offers youths 14-21 years of age meaningful summer jobs at local businesses, as well as development experience during July and August.

There are two variations of the summer work experience: the City of Albany residents, ages 14-18; the Albany City and County Temporary Assistance for Needy Families (TANF) program, ages 14-21.

Albany YouthBuild/AmeriCorps Program 175 Central Ave.

A 20-week comprehensive development program for youths ages 16-23 who have dropped out of school, and need a guided path for a productive future.

YouthBuild included a community service component, as well as provides a number of industry-recognized construction credentials.

Over the course of the 675-hour long term of service, students earn AmeriCorps education training and GED preparation.

Career Central 175 Central Avenue

In conjunction with the Capital region Workforce Investment Board and the Department of Labor, Albany houses the "One-stop" employment center.

Jobseekers are welcome without appointments, and staff is available through the Service Navigation System to walk you through what it takes to get a job in a specific area or help you create a plan to market your skills.

City of Albany Department of Recreation, Youth and Workforce Services

Kathy M. Sheehan, Mayor
Jonathan P. Jones, Commissioner



Programs and Services

Recreation Department, 7 Hoffman Avenue
Phone: 518-434-5699
Fax: 518-434-5707

Youth & Workforce Service, 175 Central Avenue
Phone: 518-462-7600 ext.166
Fax: 518-434-9742
www.albanyny.org

YOUTH AND ADULT RECREATION PROGRAMS

Karate Program



This Karate program under Shihan Tony butler uses the art form to teach students discipline and build self-respect. The program serves youth under 18, and is a nationally recognized

program that participates in local and national competitions. Come joins us on:

- Monday: Albany Community Charter School 4:15-6pm
- Tuesday: New Scotland Elementary 5pm-6pm
Eagle Point Elementary 6pm-7pm
- Wednesday: Arbor Hill Community Center 5pm-6pm
- Thursday: Delaware Community School 6pm-7pm

Boxing Program – 91 Quail St., 434-2480



The Boxing gym is open weekdays for adult and youth residents ages 8 and older.

Under the direction of Jerrick Jones, the Boxing program is nationally known for training top boxers and instilling positive values. Youth only hours are from 3-5pm daily, while adults are welcome from 1-3pm, 5-9pm.

Lacrosse Program – Contact the Department of Recreation for program schedules and more information.

This year round program provides quality lacrosse instruction in a fun and competitive environment for middle and high school aged girls and boys.

Held at various Albany school sites during the winter and the Plumeri Sports Complex during the summer, students from all across the city participate in clinics and team play.



Learn to Skate/Learn to Play Hockey Program – Swinburne Skating Rink North Manning Blvd. and Clinton Ave.

From early November to mid March join us on the ice for public skating, special skating sessions, or evening Youth Hockey.

Senior Exercise Program St. Sophia's Greek Orthodox Church, 440 Whitehall Road

This year round program is held Monday through Wednesday 11am-12pm for city resident seniors. Trained by a certified aerobics instructor, get ready to work up a sweat, laugh a little, and build strength. Look for more programming for Seniors coming soon.....



Lincoln Park Fitness Center Lincoln Park Pool House

This year round program allows residents to train with nationally recognized power lifter Ned Norton, or join our Recovery Fitness Program.

Open Monday through Friday from 6-7:30am; 3:30-8:30pm.



Myers Middle School Swim Program 100 Elbel Court

In partnership with the City of Albany school district, residents are welcome to join us for lap swim on Mondays from 6-8pm and/or family swim on Wednesdays from 6-8pm.

Community Centers:

Arbor Hill Community Center 47 Lark St.

Hours of operation:
Monday thru Friday 4pm-9pm.

Pool Hours: Monday thru Friday 8am-6pm
Saturday 9am-1pm

Hoffman Park Community Center 7 Hoffman Avenue

Hours of operation:
Monday thru Friday 4pm-9pm.